# Sculpting the Future of Social Media through Incentives and Regulation

Jeff Allen, 2022-06-23 RAN Policy Meeting

#### What is the Integrity Institute?



- Jeff Allen, data scientist by trade (Facebook, Instagram), co-founder of II
- We are growing a community of tech workers with experience working at social media companies on problems that lie at the intersection of technology, policy, and society.
   We use our community as infrastructure to support the public, policy makers, academics, journalists, and social media companies themselves as they try to understand best practices and solutions to the problems posed by social media.
- We believe in a social internet that helps societies, democracies, and individuals thrive
- We build towards this vision through three pillars:
  - Building a community of integrity professionals
  - Disseminating and enriching the shared knowledge inside that community
  - Building the tools and research of an open-source integrity team.
- We are not comms professionals. Reach out if you have questions.

#### Outline



- Understanding spread of content online
- How algorithms can amplify harmful and illegal content
- Current and upcoming platform landscape
- Current policy landscape

## Understanding the spread of harmful content



- This is a piece of harmful content
- It contains misinfo, hate speech, illegal content, content from extremist group





- It was uploaded to the platform by
  - A user, an account, a channel, a publisher/business
- The user/account/business may have a history of harmful content



- They distributed it
  - Publicly, privately to followers, in a private group/channel, via an ad, in a direct message to another user(s)



- This is a harmful exposure
- A user saw the harmful content













- The exposure happened on a "surface" (Feed, or part of app that shows content)
- The user may follow the creator, or followed the creator due to platform recommendation
- Or have history of exposure
- Or be in vulnerable group





- If harmful content is detected by platform (user reports, algorithmic flag) it can be moderated
- Moderation could be removal, labeling or screening, downranking, require user remove it, etc.





• Changes and decisions for this happens under company goals and processes

#### **Top Line Company Processes and Goals**





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#### **Top Line Company Processes and Goals**

**Key Takeaway:** It is the consensus view of Integrity Professionals that platforms make this *entire* lifecycle fully transparent and provide all metrics to quantify it.



## How algorithms can amplify harmful and illegal content



- Y-Axis: What is engagement?
  - Watching a video, clicking "like", re-sharing, commenting

Source: Mark Zuckerberg, 2018, https://www.facebook.com/notes/751449002072082/



- X-Axis: What is allowed vs. prohibited?
  - Allowed content covers benign to borderline harmful
  - Prohibited content is harmful











Mark Zuckerberg



- And this shouldn't be surprising
  - "If it bleeds it leads" nightly news
  - Tabloids near checkout in grocery stores
  - People "rubbernecking" at accidents
- But, social media brings new aspects
  - "Connected world" means connected to bad actors
  - Many more "content subjects"
  - Little/No human editorial oversight



#### How Most Platforms Work



Predicted Engagement: Like, Reaction, Comment, Share Facebook **Predicted Engagement Twitter Predicted Engagement**: Like, Comment, Watch **TikTok Predicted Engagement**: Watch Time, Surveys YouTube Source: NYTimes, 2021, https://www.nytimes.com/2021/12/05/business/media/tiktok-algorithm.html Source: Wall St. Journal, 2021, https://www.wsj.com/articles/facebook-algorithm-change-zuckerberg-11631654215 Source: Twitter, 2017, https://blog.twitter.com/engineering/en\_us/topics/insights/2017/using-deep-learning-at-scale-in-twitters-timeines Source: YouTube, 2019, https://www.blog.google/around-the-globe/google-europe/fighting-disinformation-across-our-products/



• More engagement, more likely to be harmful



- Predicted engagement should follow actual engagement
- Content predicted to be engaging is more likely to be harmful



- Let's make it measurable
- Swap the X and Y Axes



- "Nearness to policy" is not measurable
- % of content which is harmful is



- Harmful content will tend to "float to the top" of the ranking systems
- This chart is measurable! Every platform could report it publicly

#### How Does This Problem Manifest?



- Platforms track everything users engage with
- They use that to predict what users will engage with in future
- The systems are biased to show more extreme version of historical engagement
- This is the "Rabbit Hole"



Source: New York Times, 2020, https://www.nytimes.com/column/rabbit-hole

#### How Does This Problem Manifest?

• Platforms track everything users engage with

Be shown more borderline/harmful content

The Key Takeaway: It is the consensus view of ment
 This Integrity Professionals that platforms make it transparent how their ranking and recommendation systems work, with enough detail to audit if they are exploiting the engagement problem.

Predicted Engagement? 29 Source: New York Times, 2020, https://www.nytimes.com/column/rabbit-hole

## Current and upcoming platform landscape

#### **Current Trends: Hostility to Integrity**



- We cannot expect platforms to be amenable to cooperation with external partners
- For all the bad press Facebook gets, they have invested in integrity and cooperated with external partners
- This will not always be the case
- Example: Telegram
  - Telegram knows dangerous groups are using it
  - Allow them even after detection

▼ object {6}

date: 1655667304

message : THE FU
SUPPLY\n\nAMERICA GROW YOUR OWN FOOD AS MUCH AS
POSSIBLE AND GUARD WITH GUNS, LIKE IN THE GOOD
OLD TIMES\n\n\n \n@DismantlingTheCabal

views:624

forwards : 5

- reactions {5}
- restriction\_reason [2]
  - ▼ 0 {4}
    - : restrictionReason
    - platform : ios
    - reason: appleviolence
  - ▼ 1 {4}
    - : restrictionReason
    - platform : android
    - reason: androidterms
    - text: This message can't be displayed on Telegram apps downloaded from the Google Play Store.

#### **Current Trends: Ephemerality**



- Idea of ephemerality is old
  - Snapchat Story
  - But continues to expand
- Clubhouse: Ephemeral chat rooms
- Twitter Spaces: Ephemeral chat rooms
- Facebook has explored
- Open question:
  - To what extent should platforms report and make available ephemeral content which has broad distribution?

#### **Current Trends: Private Chat**



- Private chat growing
  - Some E2EE, some not
  - Telegram, WhatsApp current biggest
  - Hidden Facebook Groups offer similar functionality
- Private chat means
  - Chat is not "discoverable" within the app
  - Can only be made aware through an invite from a current member
- Open question:
  - How big should private spaces be allowed to get? At what point is it no longer private?
  - WhatsApp: 512 members
  - Signal: 1,000 members
  - Telegram: 200,000 members
  - Facebook Groups: Millions



- Meta will be investing in "Metaverse"
- From integrity point of view, a lot we can learn from the past
  - Second Life, Gaming (World of Warcraft, Minecraft, Roblox)
- There are some differences from current, most popular platforms
- But also some similarities

- Significant part of VR experience is a "chat room"
- Users meet in virtual space, and talk and interact
- Chat based apps give reasonable model of what to expect
  - Discord, Telegram, etc





• Virtual spaces can be created by users, and recommended by platform systems





- Virtual spaces can be created by users, and recommended by platform systems
- Existing account / group / channel recommendations are similar
  - Facebook Group recommendations give a reasonable model for what to expect here





# Current regulatory landscape

## What Could Be Productive Regulation Wise?



- There is definitely progress in the right direction (DSA)
- Society could use
  - Platforms provide data demonstrating safety
  - Platforms provide data on risk of design
  - Regulation that is flexible and updatable



- Example: Instagram Kids
  - Spring 2021: "Facebook Is Building An Instagram For Kids"
  - September 14, 2021: "Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show"
  - September 27, 2021: "Instagram for kids paused after backlash"
- What were the pieces of data that, when made public, changed Instagrams decision? What would have changed their decision to announce it in Spring of 2021?



• Lifecycle of Harmful Content covers it

#### **Top Line Company Processes and Goals**



- Key Data Points
  - Self harm and eating disorder content is concentrated
  - Self harm and eating disorder content primarily impact young people
- Concentration
  - Prevalence of self harm content on Instagram is ~<0.05%
  - How do you get that prevalence?
    - A: Every user sees self harm in 5 out of every 10,000 posts
    - B: 1% of users see self harm in 1 out of every 20 posts, everyone else ~never
  - Self harm and eating disorder content, and most harms, follow B
- Young People
  - What is the prevalence by demographic breakdown?
  - Prevalence of self harm and eating disorder content is higher for young people



- Example: Instagram Kids
  - The DSA is not quite there yet in mandating this kind of transparency
  - But DSA is also adaptable
    - Audits can grow, CoP can grow, risk assessments can grow
- Adaptable legislation is crucial
  - TikTok will not be the last new platform to reach 1B users
  - We have not seen all forms of social media
  - We can't keep waiting ~10 years between updates

# Wrap up

#### Conclusion



- If you want to know what data integrity workers use on the inside to study harms on platforms, ask us!
  - Lifecycle of Harmful Content
  - Ranking and Design Transparency
  - Follow the topline company goal metrics
- There are known irresponsible design patterns in social media
  - There are also known more responsible design patterns
- Social media continues to evolve and develop
  - New companies, new features, new communication methods
- But there is genuine signs regulation could impact how companies make decisions